



**Franklin County Public Schools  
Family Life Education  
OPT-OUT Request Form  
Fifth Grade**

If you wish to opt your child out of all or some of the Fifth Grade Family Life Education lessons, please complete this form and **return it to your child's homeroom teacher prior to FLE instruction**. The full FCPS Fifth Grade Family Life Curriculum can be viewed at: [tinyurl.com/FCPSFamilyLife](http://tinyurl.com/FCPSFamilyLife)

**CHILD'S NAME** \_\_\_\_\_ **Homeroom Teacher** \_\_\_\_\_  
**STUDENT ID#** \_\_\_\_\_

**Directions: Please check those lessons in which you DO NOT want your child to take part.**

\_\_\_\_\_ **Puberty - Taught in gender separate groups (5.1, 5.2, 5.3, 5.4, 5.5, 5.7, 5.12)**

- Human reproductive organs
- The endocrine system
- Physical changes during puberty
- Personal hygiene
- Human fertilization and prenatal development
- Abuse and neglect and sources of help
- Threatening and uncomfortable situations and self-protection

\_\_\_\_\_ **Roles, Duties, and Responsibilities (5.8, 5.9)**

- Accepting responsibility for one's actions
- How teamwork contributes to group success
- The importance of roles and responsibilities within a family

\_\_\_\_\_ **Peer Pressure (5.11)**

- The effects of media on mental health
- Adverse effects of substance abuse

\_\_\_\_\_ **I give permission for my child to participate in ALL of the Family Life Education lessons.**

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

**School Use: Date Received** \_\_\_\_\_

*\*Updated June 2023*